I started writing this article a few days after the NHL had announced the first wave of All-Stars. Fan selections were still to be done, and it is an open question who this year's John Scott will be. In this article the Stapled To The Bench All-Stars will be identified without the wisdom and guidance that comes from a fan vote.

The first thing to clear up is the All-Star game itself. Who is it for?

Who is the All-Star Game for?

Is the All-Star Game an honour for the players, or is it something fun for the fans? It cannot be both: players selected on merit will not represent all teams, and some players selected by fans will not be there on merit.

Whatever it was meant to be originally, it is now clearly a fan-centered event. That is why every team has to have a player: Gary Bettman does not want somebody in Anaheim saying, "I'm not watching the All-Star game because no Ducks are playing."

At Stapled To The Bench, All-Star selections are considered an honour for the players. The reason an Anaheim player would not be on the STTB All-Star teams is that the best Duck is not among the best Pacific Division players. As to fans not watching the game, their reason should be that it is a terrible game to watch rather than that their local team is not represented.

In total, ten teams have no STTB All-Stars. The Ducks are not alone.

Selecting the STTB All-Stars

I got all of the data I need from NaturalStatTrick.com on the morning of January 10, 2023. I then did the Productivity Rating (PR) calculations and extrapolated those calculations to 82 games so that players whose teams have played a different number of games are fairly treated in the All-Star selection process.

STTB All-Stars will be the four defensemen and eight forwards with the highest PR in each division. They will be shown in a table grouped by position and in order of ranking within their position. For example, Brent Burns is listed second in the Metropolitan Division because he is the division's second-highest rated defenseman.

Where a team (such as Anaheim) does not have an STTB All-Star, I will note which of their players was the best.

Metropolitan Division All-Stars

Metropolitan Division			
Name	Team	POS	
Adam Fox	NYR	D	
Brent Burns	CAR	D	
Dougie Hamilton	N.J	D	
K'Andre Miller	NYR	D	
Sidney Crosby	PIT	F	
Jack Hughes	N.J	F	
Mika Zibanejad	NYR	F	
Nico Hischier	N.J	F	
Travis Konecny	PHI	F	
Alex Ovechkin	WSH	F	
Jesper Bratt	N.J	F	
Chris Kreider	NYR	F	

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The Islanders and (to no one's surprise) Columbus have no players on the Metropolitan STTB All-Stars.

Brock Nelson of the Islanders is 9^{th} among forwards, while Johnny Gaudreau of Columbus is 15^{th} .

Atlantic Division All-Stars

Atlantic Division			
Jame Team		POS	
Rasmus Dahlin	BUF	D	
Mikhail Sergachev	T.B	D	
Hampus Lindholm	BOS	D	
Filip Hronek	DET	D	
Tage Thompson	BUF	F	
David Pastrnak	BOS	F	
Patrice Bergeron	BOS	F	
Matthew Tkachuk	FLA	F	
Mitchell Marner	TOR	F	
Nikita Kucherov	T.B	F	
Auston Matthews	TOR	F	
Alex Tuch	BUF	F	

The Atlantic Division STTB All-Star team lacks players from Montreal and Ottawa.

Ottawa's Tim Stutzle is 11th among forwards and Montreal's Nick Suzuki is 20th.

Central Division All-Stars

Central Division			
Name	Team	POS	
Cale Makar	COL	D	
Roman Josi	NSH	D	
Josh Morrissey	WPG	D	
Devon Toews	COL	D	
Jason Robertson	DAL	F	
Mikko Rantanen	COL	F	
Kirill Kaprizov	MIN	F	
Kyle Connor	WPG	F	
Roope Hintz	DAL	F	
Pierre-Luc Dubois	WPG	F	
Joel Eriksson Ek	MIN	F	
Mats Zuccarello	MIN	F	

Only five of the eight Central Division teams are represented in their STTB All-Star team.

Robert Thomas of St. Louis is 10th among forwards. Shayne Gostisbehere is 8th among defencemen, while Jake McCabe of Chicago is 13th.

Pacific Division All-Stars

Pacific Division			
Name	Team	POS	
Erik Karlsson	S.J	D	
Adam Larsson	SEA	D	
Vince Dunn	SEA	D	
Quinn Hughes	VAN	D	
Connor McDavid	EDM	F	
Bo Horvat	VAN	F	
Leon Draisaitl	EDM	F	
Elias Pettersson	VAN	F	
Timo Meier	S.J	F	
Ryan Nugent-Hopkins	EDM	F	
Chandler Stephenson	VGK	F	
Tomas Hertl	S.J	F	

Three Pacific Division teams do not have an All-Star.

Elias Lindhom of Calgary is 12th among forwards and Troy Terry (ANA) is 16th. In Los Angeles, Drew Doughty is their best, ranking 6th among defensemen.

Three STTB All-Stars from the Vancouver Canucks, a team which has almost no chance of making the playoffs? Two are obvious selections: Bo Horvat is on pace for 60 goals, and Elias Pettersson might break 100 points. As to Quinn Hughes, he is no slouch.

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Young All-Stars

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U25 All-Stars			
Name	DIV	Team	POS
Rasmus Dahlin	BUF	ATL	D
Cale Makar	COL	CEN	D
Adam Fox	NYR	MET	D
Josh Morrissey	WPG	CEN	D
Mikko Rantanen	COL	CEN	F
Leon Draisaitl	EDM	PAC	F
David Pastrnak	BOS	ATL	F
Sidney Crosby	PIT	MET	F
Patrice Bergeron	BOS	ATL	F
Matthew Tkachuk	FLA	ATL	F
Mitchell Marner	TOR	ATL	F
Nico Hischier	N.J	MET	F

I have three other All-Star teams for you: the youngsters, the oldsters and the cream of the crop.

The youngsters are 24 years-of-age or younger, while the old guys have ages that start with at least a "3". The cream of the crop are the four defensemen and best eight forwards in the league, regardless their age, regardless their division.

Old All-Stars

O29 All-Stars			
Name	DIV	Team	POS
Erik Karlsson	S.J	PAC	D
Roman Josi	NSH	CEN	D
Brent Burns	CAR	MET	D
Adam Larsson	SEA	PAC	D
Sidney Crosby	PIT	MET	F
Patrice Bergeron	BOS	ATL	F
Steven Stamkos	T.B	ATL	F
Tomas Hertl	S.J	PAC	F
Zach Hyman	EDM	PAC	F
Mark Stone	VGK	PAC	F
Claude Giroux	OTT	ATL	F
Alex Ovechkin	WSH	MET	F

Finally, names we all recognize!

Can Mark Stone and Claude Giroux be considered surprises?

They are having awfully good years, and since these selections were made based on their statistics, it isn't controversial that they were "selected". Technically, they weren't so much selected as they ended up at the top of the list after the players were sorted. It's a cold process using numbers.

League All-Stars

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NHL All-Stars			
Name	DIV	Team	POS
Rasmus Dahlin	BUF	ATL	D
Erik Karlsson	S.J	PAC	D
Cale Makar	COL	CEN	D
Adam Fox	NYR	MET	D
Connor McDavid	EDM	PAC	F
Tage Thompson	BUF	ATL	F
Bo Horvat	VAN	PAC	F
Jason Robertson	DAL	CEN	F
Mikko Rantanen	COL	CEN	F
Leon Draisaitl	EDM	PAC	F
David Pastrnak	BOS	ATL	F
Elias Pettersson	VAN	PAC	F

It does my heart good to see Karlsson on the League STTB All-Star team. As a fan of the Senators, it was incredibly depressing to see him traded away. To paraphrase Bill James, a writer on baseball, "The main idea of owning a team is to <u>acquire</u> a player like Erik Karlsson."

I ran the league All-Stars past my in-house current season NHL expert (my son), and he was a little doubtful until he learned that his exceptions were the second All-Star team. Amongst other players he mentioned were defensemen Sergachev (6th) and Morrissey (8th), forwards Kucherov (15th), Crosby (9th), Bergeron (12th) and Marner (14th).

Summary

It will be interesting to see these lists at the end of the season. There will be changes, of course, as the list is based on counted statistics and players accumulate counted statistics only by playing. If Matthew Tkachuk gets a five-game injury and one of the players close behind him remains healthy, he would fall out of the Atlantic Division All-Star team.